

Wingate High School

Bear Pride

Athletic Handbook

2026/27



BUREAU OF INDIAN EDUCATION

Wingate High School

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Fort Wingate, NM 87316

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www.whs.bie.edu



Compete with Class, Integrity, and Respect

Wingate High School
“Home of the Bears”

ATHLETIC HANDBOOK
2026 – 2027

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WINGATE HIGH SCHOOL CONTACT NUMBERS

Gloria Arviso, School Principal	505-397-3496
Dr. Aaron Billie, Athletic Director	505-397-3561
Margaret Taylor, Head Teacher 9 th & 10 th Grades	505-397-3564
Grace Benally, Head Teacher ESS Program	505-397-3582
Eric Chischilly, Home Living Supervisor	505-397-3608
Nettie Yazzie, HL Residential Clerk	505-397-3606
Brittney Begaye, Front Office Staff	505-397-3495
Lanette Johnson, Front Office Staff	505-397-3525

EMERGENCY CONTACT NUMBERS

Fort Wingate Fire Department	505-488-5261
Crownpoint Navajo Police Department	505-786-2050
New Mexico State Police Department	505-863-9353
McKinley County Sheriff Department	505-722-7205
Gallup Indian Medical Center	505-722-1000
Crownpoint Indian Medical Center	505-786-5291
Albuquerque Indian Health Center	505-248-4000
Grants – Cibola General	505-287-4446
Shiprock Navajo Medical Center	505-368-6001
Fort Defiance Indian Hospital	928-729-8000
Presbyterian Hospital – Albuquerque NM	505-841-1234
San Juan Regional Medical – Farmington NM	505-609-2000
Zuni Comprehensive Health Center	505-782-4431
Indian Health Hospital – Santa Fe NM	505-988-9821

INTRODUCTION

This handbook has been designed to assist the coaching staff, parents, and student-athletes with various procedures, responsibilities, duties and policies regarding Wingate Athletics. If at any time, questions or concerns arise which are not addressed in this handbook, please feel free to contact one of the Athletic Directors.

Wingate High School is a member of the New Mexico Activities Association (NMAA) and abides by all rules and regulations that govern athletics in the State of New Mexico. The Wingate Bears will compete in District 1AAA for the 2025-2026 season.

District 1AAA Members

Football	Volleyball	Cross-Country	Basketball	Wrestling A-4A	Track & Field	Baseball	Softball
Coach A.D. Jim	Coach Marjean Benally	Coach Dr. Aaron Billie	Coach Lanette Johnson (Girls) Coach Larry Smiley (Boys)	Coach Lucias Lucio	Coach Lucas Lucio	Coach Chris Begay	Coach Joycelyn Boyd
Wingate	Wingate	Wingate	Wingate	Wingate	Wingate	Wingate	Wingate
Aztec	Crownpoint	Crownpoint	Crownpoint	Hozho Acad.	Crownpoint	Navajo Prep	Navajo Prep
Gallup	Navajo Prep	Navajo Prep	Navajo Prep	Newcomb	Navajo Prep	Shiprock	Shiprock
Pojoaque V.	Shiprock	Shiprock	Shiprock	Shiprock	Shiprock	Thoreau	Thoreau
Kirtland C.	Thoreau	Thoreau	Thoreau	Tohatchi	Thoreau	Tohatchi	Tohatchi
Robertson	Tohatchi	Tohatchi	Tohatchi		Tohatchi	Zuni	Zuni
St. Michaels	Zuni	Zuni	Zuni		Zuni		
Thoreau							
W Las Vegas							



WINGATE HIGH SCHOOL MISSION

Wingate High School is a Native American School that Nurtures the Whole Person in Self-Identity, Education, Leadership and Wisdom.

WINGATE HIGH SCHOOL VISION

“Nurture Your Talent”

WINGATE ATHLETIC OBJECTIVE

The athletic program is an extension of the classroom and school curriculum. Athletics should be used as a valuable teaching tool for teaching life lessons to student-athletes. Therefore, it is a PRIVILEGE to participate in the athletic programs at Wingate High School.

Wingate High School expects the coaching staff to handle the management of their teams in a respectful, professional, and responsible manner. Team management is the responsibility of the Head Coach and the Assistant Coaches. Therefore, all rules and regulations established by the NMAA, Wingate High School, and District 1AAA are to be followed. It is the responsibility of the Head Coach and Assistant Coaches for each sport to promote and enforce all team rules, policies, problems or concerns and report all issues to Wingate Administration.

Student-Athletes who participate in High School Athletics are expected to understand that participation is a competitive effort between athletes and coaches. Student-Athletes are expected to be role models for all students, parents and community members when participating in extracurricular activities. Athletes are expected to show responsibility, pride, dedication, teamwork, & sportsmanship along with high standards of behavior, academic integrity, and excellent class attendance when representing Wingate High School.

ATHLETIC DIRECTOR

Role and Responsibilities

1. Oversees the supervision of all Coaches, Athletes and Extra-Curricular Events
2. Create sports schedules, season itineraries and practice schedules for all sports.
3. Supervise and maintain eligibility requirements for all student athletes.
4. Ensure that all facilities, all equipment and all drills are safe. Promote safety at all times by not allowing the bigger, stronger, faster athletes go against the smaller, weaker, and slower athletes.
5. Recognize the importance of head and brain injuries and that coaches take appropriate action for a head or brain injury. All coaches must follow these guidelines:
 - The athlete is not allowed to play on the day the head or brain injury occurs.
 - The athlete is not allowed to practice or play for ten (10) days.
 - The athlete must receive a medical release from a licensed health care professional before resuming practice or play.
 - Coaches are to be required to go to www.nfhslearn.com and take the online concussion course and for football the blocking, tackling and equipment fitting course.
 - All coaches are required to complete the online first aid course and be CPR/AED certified.
6. Promote Sportsmanship and positive coach, player and fan behavior at sporting events.
7. Ensure that all home games are properly supervised and organized in order to maintain a sense of safety and security for officials, coaches, players and fans.
8. Maintain all necessary paperwork for the athletic program such as (physicals, injury reports, consent forms, equipment return forms, inventory, season reports, etc)

ATHLETIC COACH

1. All Coaches are required to be certified and licensed by the State of New Mexico in order to be a Coach at Wingate High School.
2. Ensure that all athletes have a physical examination on file and complete the concussion course for students prior to sports participation.
3. The entire Critical Incident Report protocol must be adhered to by the Head Coach for injuries that occur during games, practices, or in the offseason that require medical attention. All coaches must follow proper medical procedures before the athlete returns to athletic participation, i.e. medical clearance from provider.
4. All Coaches are expected to travel with the team to and from every athletic contest. Bus drivers are not allowed to serve in the capacity of a coach or chaperone.
5. All Coaches are expected to attend all practices, events, games or meetings.
6. All Coaches must follow appropriate check-out procedures for the safety of all athletes.
7. All Coaches will not use social media to make disparaging comments about the Wingate High School, Administration, School Board, Coaches or Student-Athletes.
8. All Coaches are governed by the Employee Handbook roles and responsibilities.

COACHING ROLES & RESPONSIBILITIES

Academic Standards

1. All Coaches are required to follow the school policy for academics which includes GPA of 2.0 or better, no semester Fs in order to participate and travel to games or contests.
2. All Coaches are expected to take an active role in the learning of each student-athlete.
3. Academic grade checks will be required weekly for all Student-Athletes while in season. The Head Coach is responsible for monitoring the progress of each Student-Athlete.
4. All Coaches are expected to motivate their student athletes to maintain high academic standards during and between seasons of participation.

Sportsmanship: Respect, Integrity and Responsibility

1. All Coaches will set a good example for players and fans to follow.
2. Discuss what good sportsmanship is with the team and how it should be practiced.
3. Practice the Golden rule by treating officials, coaches, players, and fans with respect.
4. Represent yourself, family, school and community in a positive manner.
5. Coaches are the key standard-bearer of the sportsmanship program.
6. Teach your athletes to “Compete with Class” and be accountable for their actions.

Equipment Standards

1. The Head Coach and Assistant Coaches are to maintain a clean environment, provide clean uniforms and ensure safe and proper equipment.
2. The Head Coach is responsible for all equipment purchased by the school. Therefore, an inventory on the uniforms and equipment must be submitted at the end of each season.
3. The Head Coach is responsible for the collection of equipment and uniforms at the end of each season.

Travel Policy

1. Coaches will submit by email a travel list to the AD **(1) day** before the team travels.
2. Coaches will also provide a checkout list to the dorm upon return from an event.
3. Coaches are expected to follow the school check out policy for away games and ensure that all students are accounted for when returning from away games.
4. Coaches will travel with the team at all times for supervision and safety reasons from departure to return time and until all students are accounted for in the dorm or with approved immediate family members.

BEAR PRIDE ATHLETE EXPECTATIONS

Student Code of Conduct

1. Student-Athletes are required to follow the Wingate HS Student Code of Conduct.
2. Minor Infraction Violations:
 - Student Athlete will work with their teachers and coaches to restore behavior and expectations.
3. Severe or Major Infraction Violations
 - Student Athlete will be suspended for 1 or more games
 - Student Athlete may be dismissed from the team for the season.

Participation Requirements

1. Athletes are must have a physical form on file before beginning practice.
2. Athletes must complete the NFHS Concussion Course and provide a certificate.
3. Parents must complete the NHFS Positive Parenting within School Programs and provide a certificate.
4. Athletes & Parents must complete and sign the Consent to Treatment Form.
5. Athletes & Parents must complete and sign the Emergency Contact Form

Academic Requirements

1. All Student-Athletes are required to follow the NMAA Policy for academics which includes a GPA requirement of 2.0 or better and NO Semester F's.
2. Student athletes and managers must pass all their classes to play, per state athletic association rules. The athletic director, coaches, and staff conduct weekly grade checks. Grade checks will be distributed at the beginning of each week, and it is the responsibility of the student to see that it is completed by the end of the day.
3. If a student is failing any class, the school places the student on the ineligible list for the current week. During ineligibility, the student must attend at least one tutoring session before attending practice with the team, but during competitions, they are not allowed to dress out, sit with the team, travel, or take part in scrimmages or athletic competitions.
4. If a student raises their grade to passing, they are removed from the ineligible list.
5. If the athlete has failing grades (59 % and below) they must attend the Tutoring Program throughout the week after school before attending practice or competing.
6. Failing Grades prohibit the student athlete from traveling or participation in school events. Failing grades must be kept confidential.
7. The Tutor Program will be Monday - Thursday from 4:00 PM to 5:30 PM in the library.

School Attendance

1. School attendance is mandatory including the day before, the day of, and the day after the event. Student-Athletes must attend school in order to participate in home/away games or events.
2. All Student-Athletes are required to travel with the team to events and return with the team unless proper check out procedures have been followed.
3. Student-Athletes who have excessive absences or tardiness will not be allowed to travel or participate in home/away games or events.

Sportsmanship: Respect, Integrity and Responsibility

1. Represent yourself, family, school and community in a positive manner.
2. Treat opponents with respect, keep your composure and exercise self-control at all times.
3. Practice the Golden rule by treating officials, coaches, players, and fans with respect.
4. Accept both victory and defeat with pride and compassion, never being boastful or bitter.
5. Understand the true value of Sportsmanship and always “Compete with Class”.

Team Selection Policy

1. Parents and Athletes are expected to understand that some sports will have Team Tryouts and that every student who tries out may or may not be selected for the team.
2. The Head Coach for each sport will establish selection procedures for making the team based on skill and performance during the team try out period.
3. The Head Coach will announce when the team is selected and post the information.

Practice Policy

- Mandatory practice attendance is required in order to participate in games or events.
- Student – Athletes who miss practice must provide a written excuse for the Coach.
- If you miss (1) practice that week: **You** will not start the next game and or possibly be replaced for an event or meet.
- If you miss (2) practices that week: **You** will not play that week and or possibly be replaced for an event or meet.
- If you miss 2 or more games due to attendance or disciplinary reasons it may result in removal from the team for that season.
- All practices will be closed to all spectators, parents, and/or staff. Players and coaches only.

ATHLETE BEHAVIOR STANDARDS

Hazing

- Hazing is PROHIBITED and is an act committed or threatened against a student; or a student is coerced into committing an act that creates a substantial risk of harm to the student or to any third party. I.E. Getting ranked in to the team.
- This includes any activity that involves physical harm, sexual overtones, extreme and unreasonable levels of embarrassment or humiliation, or violation of any rules or laws. Hazing is not permitted as part of any team or activity as an initiation or rite of passage.

Bullying / Hostile Environment

- A hostile environment is unwelcome conduct by a person that is sufficiently serious, persistent or pervasive, so that it affects another person's ability to participate in or benefit from the school program or activity by creating an INTIMIDATING, THREATENING, or ABUSIVE environment.

Sexual Harassment or Inappropriate Behaviors

- Sexual Harassment is a form of Gender Discrimination that consists of Unwelcome Verbal, Electronic, or Physical Interaction (touching) between two or more people.
- Harassment can happen between people of the same gender or people of opposite genders.
- Coaches or Athletes who engage in such activity are subject to the Employee Code of Conduct Policy or Local Law Enforcement Agencies
- INAPPROPRIATE BEHAVIORS WILL BE REPORTED TO ADMINISTRATION
- Policies and procedures from the Student and/or Employee Handbook will be followed based on reported incident(s).

Social Media Policy

- Social Media such as texting, posting, video, recording and other electronic means to make disparaging comments about Wingate High School, Administration, School Board, Coaches or other Student-Athletes is **STRICTLY PROHIBITED**.
- Possessing, viewing, sending or sharing video or audio information having sexual, violent or threatening content about other students prohibited.

- Facebook, Twitter, YouTube, My Space and Instagram etc. are a few examples of social media network. The posting of disparaging remarks can be considered HAZING, BULLYING, SEXUAL HARRASSMENT OR THREATENING BEHAVIORS.
- Social Media behaviors will be treated as Minor, Major or Severe Violations
- Athletes, Parents, Coaches, School employees are to follow the Social Media Guidelines

Substance Abuse – “Zero Tolerance”

- Substance Abuse incidents will result in:
 - 1) Removal from athletic participation for the season
 - 2) Completion of WHS Substance Abuse Program
- Energy drinks are unhealthy and considered dangerous to the health of Wingate Student Athletes and therefore are prohibited from use during school, practice and game.
- Pre Workout drinks or supplements are Prohibited for student athlete use on campus

SPORTSMANSHIP

Respect, Integrity, and Responsibility are values import in our daily lives. On the playing surface, they are translated into words of sportsmanship. Sportsmanship is one of the strongest educational lessons and lifetime values taught by interscholastic athletics.

NMAA “COMPETE WITH CLASS” INITIATIVE

- Accept and understand the seriousness of their responsibility and privilege of representing the school and the community
- Learn the rules thoroughly and discuss them with parents, fans and peers. This will aid in better understanding and appreciation of the game
- Cooperate with the coaches / student athletes and always exercise good sportsmanship by living by the rules and roles stated by the athletic program
- Always respect the officials’ judgment and interpretation of the rules. Never argue or make non-verbal gestures, which indicate disagreement.
- Congratulate opponents in a sincere manner following either victory or defeat. This is a measure of true character
- Treat opponents with respect that is accordance with a guest, or a friend. Shake hands with opponents prior to the contest and wish them luck.

NMAA BEHAVIOR POLICY

Ejection of Coach or Athlete

- Coaches and Athletes who are ejected from a game or event will adhere to this policy.
- **First Ejection:** Ejected Coach / Student Athlete will not be permitted to participate in next game or event.
- **Second Ejection:** Ejected Coach / Student Athlete will be banned from all Extra Curricular Activities for the school year.

Unsportsmanlike Behaviors

- Unsportsmanlike Conduct is defined by the NMAA as non-compliance with sport specific rules and NMAA policies, including behaviors incompatible with “Compete with Class” and the interscholastic educational objective.
- The Newly Approved Sportsmanship Bylaw applies to Student-Athletes, Coaches and Non-Participants (Parents, Fans, School Personnel).
- Egregious Acts of Misconduct by Student-Athletes, Coaches & Non-Participants that occurs 2 or more times during the same season, at the same school, in the same activity, the athlete, the team, the fans, or any non-participant will be suspended from that activity for the remainder of the season.

Fan Behavior Policy – NMAA 7.7.4

- A school is responsible for the conduct of its team, coaches, students, and fans at any interscholastic event in which the school is participating. The Executive Director may invoke penalties upon a member school for actions, which violate the principles of “Compete with Class.” These actions include, but are not limited to, hindering the normal progress of an event, creating situations that may lead to the restriction or discontinuance of interscholastic competition, or endangering or threatening the personal safety of any individual(s) involved. Unsportsmanlike conduct by coaches, students, and/or spectators may cause the school or individual to be on probation or suspension for 180 school days/365 calendar days.

Enhanced Safety Measures at NMAA Competitions

We want to share the specific steps we have taken to enhance safety and reinforce expectations for sportsmanship across all competitions:

- **Increased Administrative Presence.** Multiple school administrators will be present and actively visible at all NMAA competitions. This expanded on-site leadership ensures prompt, consistent responses to any situation that may arise, and signals our unwavering commitment to maintaining a safe and positive atmosphere for all participants.
- **Proactive Sportsmanship Communication.** Sportsmanship expectations are being communicated broadly and consistently through multiple platforms, including school websites, social media channels, newsletters, and direct outreach to families. We believe that setting clear expectations before events take place is key to fostering the respectful behavior our community deserves.
- **Visible Expectation Reminders.** Highlighted postings of behavioral expectations and NMAA sportsmanship guidelines will be prominently displayed at competition venues. These visible reminders serve as a consistent reference point for students, parents, and community members, reinforcing standards of conduct throughout each event.
- **Collaboration with Law Enforcement.** We have established a collaborative relationship with local law enforcement to ensure a coordinated approach to event safety. Law enforcement personnel will be engaged as needed to support our administrative team, providing an added layer of security and deterrence.
- **Unruly and Unsportsmanlike Behavior.** Administration will advise any individual witnessed to be engaged in unruly and unsportsmanlike behavior with one warning and possible due process, if needed. Thereafter, the NMAA Two Strikes Policy will be enacted. This is to promote all fans the opportunity to correct behaviors and continue to serve as role models for our student athletes.

Our Shared Responsibility

These measures reflect our dedication to maintaining the values of integrity, respect, and fair play that define our school community. We will also analyze all situations to be applied to the revision of our Athletic Handbook and reviewed/approved by our governing board annually.

Thank you for your continued partnership in making our school events safe, welcoming, and enjoyable for everyone. Should you have any questions or concerns, please do not hesitate to contact our school office.

Revised NMAA Student Transfer Policy: (as of 2026-27)

- **First Transfer** – Allow students to transfer schools without penalty and be immediately eligible at the school of their choice on a first transfer (home school/charter school statutes still apply as do recruitment and undue influence rules).
- **Subsequent Transfers** – Students who make a second or subsequent transfer are ineligible for varsity participation for 365 days from the date of enrollment unless they meet one of the following exceptions: 1) bona fide residency change, 2) deceased parents, 3) state custody, 4) first parent-to-parent move, 5) emancipated/married student, 6) boarding school student, 7) deployed parents, 8) did not participate, 9) discontinued program.

CHECK OUT POLICY & PROCEDURES

- Only immediate family members can check out students. As in mother, father, legal guardian, sister, brother, grandparent, aunt or uncle.
- Upon check-out, the student must be released to the parent/guardian whereas the parent/guardian releases all school obligations including meal provisions.
- School personnel will not be allowed to check a student(s) out overnight, unless they are the parent of the student.
- Check outs during the academic day by school personnel shall be restricted to sanctioned school activities only.
- All check outs must conclude by curfew unless pre-approved by staff in charge at the time of the check out.
- Students wishing to have check out privileges must have an original written permission document signed by the parent or legal guardian stating that the school is released of any liability associated with the checkout.
- Parents or legal guardians may designate, in writing, family members (Age 25 and older) who are authorized to check out their child overnight.
- Check out requests via telephone will not be approved, except in situations where a family emergency is involved.
- All students authorized for check out are expected to return to the school campus at the specified time of return, as stated in their approved check out request.
- When there is evidence that the welfare of the student is at risk, the school reserves the right to refuse or cancel the check out.
- If a conflict arises concerning the student check out process, the administration or designee reserves the right to revoke any check out privileges.
- Students must be in good academic standing in order to be checked out from class. The exception to this would be an emergency situation.
- ONLY DESIGNATED FAMILY MEMBERS ARE ALLOWED TO CHECK OUT THEIR STUDENT ATHLETE AFTER GAMES OR EVENTS.

PARENT & LEGAL GUARDIAN GUIDELINES

The purpose of the Parent / Legal Guardian Code is to provide a set of guidelines and procedures to be followed during the season.

Expectations

1. Be a positive role model for your child, the school, and the community.
2. Display a positive attitude and appropriate behavior at all activities.
3. Show respect for all Participants, Officials, and Coaches & Visiting Fans.
4. Encourage your child to attend school regularly and excel academically.
5. Inform your child of the dangers of using and discourage the use of any illegal drugs, alcohol, and tobacco/Vaping.
6. Inform your sons/daughters to abstain from sexual relationships during their high school years.
7. Parents are expected to participate in all Parent Teacher Conferences and take an active role in their “Good Academic Standing”.
8. Complete the Positive Parenting within School Programs training found on the NFHS website. Submit certificate of completion to Ms. Lanette Johnson (Front Office) or the Athletic Director.

Parental Concerns or Issues

If you should have a concern or an issue about an athletic program, please follow this chain of command.

1. Procedure to address concerns or issues:
 - Head Coach Meeting with Parents with follow-up correspondence from Head Coach.
 - Athletic Director Meeting with Parents and Head Coach with follow-up correspondence from Athletic Director.
 - Administrative Conference Meeting with Parents and Head Coach with follow-up correspondence from School Principal.
2. **24 Hour Policy:** Parents/Guardians must refrain from confronting or questioning coaches immediately following a game. Please notify Athletic Director of your concerns or questions.
3. It is important that all parties involved understand both positions. Therefore, communication is an important part of the resolution process.



NMAA MEMBER SCHOOLS APPROVE NEW SPORTSMANSHIP BYLAWS AS OF 2023-2024

Crowd Control and Unsportsmanlike Conduct – Two Strikes Rule

A school is responsible for the conduct of its team, coaches, students, and fans at any interscholastic event in which the school is participating. The basic responsibility for crowd control lies with the host administration, who are required to provide an administrator or administrator's designee to be in attendance. It is also recommended that the visiting school provide an administrator or administrator's designee for any potentially contentious contests. In both situations, the administrator and/or administrator's designee cannot be a coach participating in the event. The Executive Director may invoke penalties upon a member school for actions, which violate the principles of "Compete with Class." Unsportsmanlike conduct by coaches, students, and/or spectators may cause the school or individual to be placed on probation or suspension for 180 school days/365 calendar days (See also 7.6.23).

- **Team/Fan Suspension from Athletic Activities for Unsportsmanlike Conduct**
 - Any time an egregious act of unsportsmanlike conduct by a team participant, including a coach, occurs two or more times during the same season, at the same school, in the same activity, the team will be suspended from participation in that activity for the remainder of the season.
 - Any time an egregious act of unsportsmanlike conduct by a non-team participant occurs two or more times during the same season, at the same school, in the same activity, all school spectators will be suspended from attendance in that activity for the remainder of the season.
 - Unsportsmanlike conduct is defined in the NMAA Handbook as non-compliance with sport specific rules and NMAA policies, including behaviors incompatible with "Compete with Class" and the interscholastic educational objective. Examples of egregious unsportsmanlike conduct by participants, coaches, or spectators include but are not limited to, fans entering the playing surface to engage in acts of violence or abuse, constant verbal attacks on officials, attacking other fans, coaches physically or verbally attacking officials, players fighting other players during post game handshakes, or student sections verbally chanting inappropriate or demeaning comments towards individuals, teams, or officials.
 - In the event the second act of misconduct occurs when there are no contests left in the current season, the penalty may be applied to the next season in the same activity. The NMAA will notify the school that the team and/or individual/spectators has been placed on warning after the first offense.



UNITED STATES DEPARTMENT OF THE INTERIOR

Wingate High School
1737 Shush Drive
Fort Wingate, NM 87316

Telephone: (505) 488-6400 Fax: (505) 488-6444

Wingate High School

Board Certification

At a duly called school board meeting on the 9th day of June 2026; the School Board approved and certified the following handbooks/policies:

- 2026/27 WHS Student/Parent Handbook
- 2026/27 WHS Athletic Handbook
- 2026/27 WHS Residential Handbook
- 2026/27 WHS Emergency Management and Continuity of Operations Plan (COOP)
- 2026/27 WHS Employee Handbook
- 2026/27 Wingate High School BIE One Plan

Motioned by: Sarah Jackson

Seconded by: Carol Mariano

Vote: In favor 4

Vote: Opposed 0

School Board President: Ms. Gertie White

Signature Gertie White 7/9/26

Authorization to Administer Prescribed (OTC) Over The Counter Medication Form

Part I – TO BE COMPLETED BY THE PARENT /GUARDIAN

I hereby request and authorize designated and properly instructed school personnel to administer prescribed medication as directed by the prescribing physician or other duly licensed provider

(PART II). I certify that I have legal authority to consent to the administration of prescribed medication following the provider's order. I understand additional prescriber / parent authorizations will be necessary for each medication to be administered and if the dosage of the medication is changed. If necessary, I authorize the designated school health care official to communicate with the prescriber or the student's health care provider as allowed by HIPAA.

PART I

STUDENT NAME				
Student Name:		DOB:	Gender M F	
Last	First	MI		
School:	Grade:	Year:	Height:	Weight:
List all medications, including over the counter medication(s):				
List any know drug allergies/ reactions:				
Parent / Guardian Signature:			Date:	
Contact Numbers:		Day:	Evening:	

PART II – TO BE COMPLETED BY THE PRESCRIBER

PLEASE USE A SEPARATE FORM FOR EACH MEDICATION	
Name of Medication:	Diagnosis:
Dosage:	Time / Frequency to be give:
Route of administration:	PRN (as needed): yes no IF PRN (symptoms)
Side effects:	
Begin Medication Date:	Stop Medication Date:
Special Instructions:	
- Refrigeration required?: yes no - Is medicine a controlled substance?: yes no - Is this an emergency self carry / self administration medication?: yes no - Has student been instructed in the proper self medication of medicine?: yes no - Prescribers authorization for self carry / self administration of emergency medication:	
Signature:	Date:
Prescribers Name / Title:	Phone:
Address:	Fax:
Prescribers Signature:	Date:

PART III – TO BE COMPLETED BY School Nurse /other Duly Licensed Health Care Provider

Part I and II are completed:	√	Medication label and prescriber order are consistent:	√
Prescription medication is properly labeled by a pharmacist and within the expiration date:			√
Over the counter medication is in an original container with manufacture dosage label intact:			√

CONSENT TO TREAT FORM

Parental consent for minor athletes is generally required for sports medicine services, defined as services including, but not limited to, evaluation, diagnosis, first aid and emergency care, stabilization, treatment, rehabilitation and referral of injuries and illnesses, along with decisions on return to play after injury or illness. Occasionally, those minor athletes require sports medicine services before, during and after their participation in sport-related activities, and under circumstances in which a parent or legal guardian is not immediately available to provide consent pertaining to the specific condition affecting the athlete. In such instances, it may be imperative to the health and safety of those athletes that sports medicine services necessary to prevent harm be provided immediately, and not be withheld or delayed because of problems obtaining consent of a parent/guardian.

Accordingly, as a member of the New Mexico Activities Association (NMAA), [redacted] (name of school or district) requires as a pre-condition of participation in interscholastic activities, that a parent/guardian provide written consent to the rendering of necessary sports medicine services to their minor athlete by a qualified medical provider (QMP) employed or otherwise designated by the school/district/NMAA, to the extent the QMP deems necessary to prevent harm to the student/athlete. It is understood that a QMP may be an athletic trainer, medical/osteopathic physician, physician assistant or nurse practitioner licensed by the state of New Mexico (or the state in which the student/athlete is located at the time the injury/illness occurs), and who is acting in accordance with the scope of practice under their designated state license and any other requirement imposed by New Mexico law. In emergency situations, the QMP may also be a certified paramedic or emergency medical technician, but only for the purpose of providing emergency care and transport as designated by state regulation and standing protocols, and not for the purpose of making decisions about return to play.

PLEASE PRINT LEGIBLY OR TYPE

"I, [redacted] the undersigned, am the parent/legal guardian of, [redacted], a minor and student-athlete at [redacted] (name of school or district) who intends to participate in interscholastic sports and/or activities.

I understand that the school/district/NMAA may employ or designate QMP's (as defined above) to provide sports medicine services (as also defined above) to the school's interscholastic athletes before, during or after sport-related activities, and that on certain occasions there are sport-related activities conducted away from the school/district facilities during which other QMP's are responsible for providing such sports medicine services. I hereby give consent to any such QMP to provide any such sports medicine services to the above-named minor. The QMP may make decisions on return to play in accordance with the defined scope of practice under the designated state license, except as otherwise limited by New Mexico law. I also understand that documentation pertaining to any sports medicine services provided to the above-named minor, may be maintained by the QMP. I hereby authorize the QMP who provides such services to the above-named minor to disclose such information about the athlete's injury/illness, assessment, condition, treatment, rehabilitation and return to play status to those who, in the professional judgment of the QMP, are required to have such information in order to assure optimum treatment for and recovery from the injury/illness, and to protect the health and safety of the minor. I understand such disclosures may be made to above-named minor's coaches, athletic director, school nurse, any classroom teacher required to provide academic accommodation to assure the student-athlete's recovery and safe return to activity, and any treating QMP.

If the parent believes that the minor is in need of further treatment or rehabilitation services for the injury/illness, the minor may be treated by the physician or provider of his/her choice. I understand, however, that all decisions regarding same day return to activity following injury/illness shall be made by the QMP employed/designated by the school/district/NMAA."

Date: [redacted] Signature: _____



Handbook – Consent to Participate Form/Inherent Risk

Return this signed and completed form to Ms. Lanette Johnson (Front Office) or the Athletic Director.

The Parents/Guardians of the listed athlete have read the Handbook and will provide consent for their son/daughter to participate in athletics for the 2026 - 2027 school year. Both the parent/guardian and athlete agree to abide by all rules and regulations listed in the Wingate High School Athletic Handbook. Parents also understand that there are risks involved when participating in extracurricular sports and athletics

Please Print Athletes Name

Signature

Please Print Parent(s) Name

Signature

Student Travel Information

Emergency Contact: _____ Emergency Number: _____

GIMC Chart #: _____ Hospital Preference: _____

Dr. Aaron Billie – Athletic Director

July 16, 2026

Date